



OMHA-AAA 2024-2025 Season Dates

East and West Conferences		Season		Round Robin			OMHA's	
Group	Prep Phase	Start	Finish	Start	Finish	Total Days	Dates	Location
U10	26-Aug	30-Sep	16-Feb	21-Feb	16-Mar	24	Mar 21-23	Newmarket
U11	26-Aug	30-Sep	23-Feb	28-Feb	23-Mar	24	Mar 28-30	Kingston
U12	26-Aug	30-Sep	16-Feb	21-Feb	16-Mar	24	Mar 21-23	Newmarket
U13	26-Aug	30-Sep	23-Feb	28-Feb	23-Mar	24	Mar 28-30	Kingston
U14	26-Aug	30-Sep	16-Feb	21-Feb	16-Mar	24	Mar 21-23	Newmarket
U15	26-Aug	30-Sep	23-Feb	28-Feb	23-Mar	24	Mar 28-30	Kingston
U16	26-Aug	30-Sep	09-Feb	14-Feb	09-Mar	24	Mar 14-16	Clarington
U18	OHF reg K	30-Sep	09-Feb	14-Feb	09-Mar	24	Mar 14-16	Clarington

Special Games / Important Dates	Dates	Location / Arena	Time
Sanctioned Tournaments begin	Sept 20		
U16 Showcase Crossover Event	Nov 8-10	Bowmanville -Rickard Rec Complex	
U18 Showcase Crossover Event	Nov 15-17	Gale Centre, Niagara Falls	
U18 East All Star Game	Dec 15	Invista Centre- Kingston	1:30 PM
U18 West All Star Game	Dec 14	Earnscliffe Rec Centre, Brampton	4:15 PM
Christmas Break	Dec 23 - Jan 1		
U15 Showcase Crossover Event	Jan 3-4	Milton Sports Centre	
U18 OMHA All Star Game	Jan 5	St. Andrews College	2:00 PM
U16 East Showcase	Feb 8-9	Quinte	
March Break -Mar 10-14	no March Break black out, games will be played		
OHL Cup U16	Mar 25-28, 30	Scotiabank Pond(round robin), Mattamy Athletic Centre (Championship game)	
OHL Cup U14	Apr 17-19	Invista Centre - Kingston	

(not in bold) - dates or locations TBD

See OMHA-AAA Policies and Procedures for No. of Regular season games and Round Robin games